

#1 BEE 10.2.22 - Interspecies Roundtable

Key Contributors:

- BEE - Guest of Honor
- Kristen (KLH) - Facilitator
 - Bees brought through **the importance of abundance and fun**
- Fayepatrick (FPK) - Distiller of connection into sound
 - Heart vibration frequency really has been coming through them - improv space!
- Jessica (JHT) - Scribe + synthesizer extraordinaire
 - Grateful to offer up scribing in thankfulness of Bee Medicine
- Rebekka (RES) - Biological fact gatherer
 - Was approaching it as homework and **bees led her to FUN!**
- Laurie Aman - Human artiste archiver
 - Feeling bee's golden gifts - in how they create community

Interspecies Roundtable

- Key elements of the space per BEE:
 - It is fun - mixture of yellow and blue = green = abundance (KLH)

FPK Sound Connection (Kristen was able to play from email!)

- Surges of energy down my back as i felt wings open on my back, very emotional, felt pressure throughout. Heard **"follow me"** and then I felt very teary/profound and ears opened to hear and truly listen (Dawn)
- Have fed bees with sugar water and that **vibration** was such a unique experience that I haven't experience again until this moment - my hands started pulsing in the same way (RES)
- Felt so much of my solar plexus swirling up in and out through my heart chakra (JHT)
- In some Ancient Chinese Texts, Bees has a correspondence with the heart. So I'm not surprised that the note/vibration of the heart came into the vocalization! Thank you. So beautiful. They are such joyous beings and that came through in the song! (Amanda)
- I have read several times that windows to other dimensions are **hexagonal** and I feel like a window opened that I have not experienced previously (Dawn)
- Thank you for these shares, feels resonate to hear about the **hexagonal windows**, other dimensions, **heart vibrations** and the joy the bees are bringing us presently. 🌻🌻🌻🌻 (FPK)
- Profound - brought me to tears the first time that I heard it. Want to recognize how amazing it was - first time I heard follow me and felt the wings span out from bee to take us on this journey - 2nd time is was played, I had a feeling of dissolving like the egg dissolving - I could feel the hexagon shape opening up like fractals upon fractals and our energy was just moving on that wave of dissolving. It can be this easy, follow me, we can just allow ourselves if we release a bit around it. Feeling pressure from them in reflection of the times we are in as well. (Dawn)
- All sound is healing sound and carries healing potentiality - energy work receiving (FPK)
- Throat receives as much as it gives (KLH)

RES Biological Facts

- 20-25,000 species of bees categorized in different families
 - 9 different families of bees
 - Includes honey bees who live in groups and solitary bees
 - Solitary bees are the largest group
- Solitary bees don't form hives
 - Some of them produce propolis but not all
 - Not even all honey bees produce propolis - unsure of why this is
 - Will create several cells and raise their young on their own
 - They will nest close to each other though
 - Except Kuku bumblebee - social insect that invade an existing nest
 - No arctic honeybees but are bumblebees
 - Most desert bees are solitary - such as Egyptian bee who is not suited for beekeeping
- Arctic bees can fly close to freezing
- Yemini honey bees can withstand temps up to 152 F!!
- Most honeybees will die if temp goes above 130F
- *Apis M will lure in a hornet and then vibrate and raise the temp so high that it will kill the hornet but not the bees who can withstand 1-2 degrees higher temp than hornets. Without this the hornets would be able to take the nest over*
- Bumblebees burrow underground and have small families and use hexagon cells
 - Kind of sassy and feisty! Will chase mice out of their burrows
 - Bumblebees can repeatedly sting
- Honeybee is the focus for today (family of Apis - then genus)
 - 8 species of honeybee
 - 2 small honey bee species
 - 2 large honey bee species
 - Largest in Himalaya biggest bee - stinger 3 mm long and have been known to sting bees!
 - There are indigenous ppl in Nepal who work together and forage for their honey
 - At risk b/c of their stingers and b/c they like to nest very high so they are hard to reach
 - 4 middle sized honey bee species (Apis)
 - These are most common bees for beekeepers - most inclined to work with humans in that setting
 - Apis Melifara is the most worked with honey bee worldwide
 - Apis M (above) These bees build hives with multiple cavities
 - Honeybees are eusocial
 - 3 types - distinguishable by outer appearance and have different growth rates
 - Queen

- Worker
 - Drones
- Eggs don't really hatch but the shell **dissolves** into a baby bee - hatch after 3 days and placed in a cell by Queen Bee. Larvae in cell for about 6 days. Depending on **what they are fed** will turn into a queen or a worker
 - 2 types of eggs
 - Fertilized - female
 - Queen - what sets her apart is her diet
 - The more they ingest the royal jelly, the more the ovaries start to grow
 - Workers
 - Fed for a couple days on royal jelly then switched to nectar blend
 - Unfertilized eggs will become drones - male bees
 - Egg - 3 days / larvae 6 days / 9th day - spin cocoon with bee silk, depending on type of bee - will emerge
 - 16 days - queen
 - 21 days - workers
 - 21 + days - drones
 - Queen larvae get special cells and they call them queen cups and once inhabited by larvae it is called a queen cell.
 - Every queen has a certain amount of eggs and semen she can carry and once that dries out they need a new queen
 - Worker bees make the decision
 - Queen bee is constantly signaling to her workers her status
 - Worker bees feed her, take care of her
 - *As soon as communication starts to wobble, the worker bees know she needs to be replaced and ensure larvae is attended to*
 - Emergency replacement - when queen is killed or dies unexpectedly
 - In this case will see if there are larvae young enough to be raised as queens
 - Queen - lives 3-5 years
 - Worker bees live up to 6 weeks in spring and summer
 - IN fall can live up to 6-9 months b/c hibernating in fall/winter
 - Worker bees have different roles
 - Youngest adult bees act as nurse bees - tend to food and queen and also help to defend the hive if necessary
 - Each bee communicate through pheromones **what their role is**
 - From nurse bee to house bee - construction of hives and wax cells, tending to propolis and honey that they are making - housekeepers
 - Make the wax cells from their glands, which they chew to mix with their saliva and those are the components of the beeswax which create the cells

- From house bee to forager bee or the scout
 - Collects pollen and nectar to make propolis
 - The scouts look out for new territories
 - They can rotate and switch roles out as needed - each bee is aware of what is needed and where and if they need to switch they will
 - Royal jelly - secretion from glands in worker bees and use this to feed the larvae for up to 3 days and the queen larvae throughout their larvae stage produce this - it is said to have properties for humans as well but unsure if it is directly beneficial for humans, but lots of nutrients for bees.
 - One they mature they switch to bee nectar, pollen and honey
 - Honey mixture of pollen, nectar and saliva
 - Stored in special place
 - When honey is ready they cap it off with wax to store for winter
 - They fan the open cells to speed the process up if necessary
 - Bee bread - pollen and nectar to feed the active colony during spring and summer
 - Honey is fall and winter food
 - Bee pollen granules
 - Protein rich!
 - Propolis
 - JHT had to step away for ice!
 - Look at notes doc from propolis to mummified!
 - Scouts can tell bees *where a new location is through dance* - then they can democratically vote on it!
 - When a bee discovered new territory, does a dance
 - How long the dance takes says how far away it is
 - 1 second - 1 mile
 - Use sun as the center - the sun is up
 - Whoever has the most popular dance - this will be the new territory
 - European honey bees are most domicile especially Italian honey bee
 - If bees are unhappy they will just swarm away and leave the keeper
 - Honeybee
 - Pure
 - Italian
 - Euro dark bees
 - Cronilian
 - African bee
 - Hybrids
 - SO many!
 - Most beekeeping honey bees in North America come from Europe

Bio feedback

- SO interesting they start out on the same playing field - **they are made different by what they consume** - so what are we consuming? In our communities, in our homes. And for the propolis each bee that passes through is purified. **How are we purifying**

what comes into our space? Every part of it makes me think it just feels like this whole revelation to me for really feeling the essence and the seeing and the knowing - follow me, follow, me. I didn't know what to expect but I want to say that it's really quite amazing as to what has shown up. In showing how easy it is to dissolve and become free, being able to go into other dimensions of consciousness and to arrive. Buzzing vibration helps open consciousness for us to enter. They kill off what is no longer contributing to the health of the whole. When push comes to shove for the preservation of their hive and their species. **That sometimes we need to step up and do the difficult things.** (Dawn)

- *The propolis and the entry into the space* - holding things before bringing them into the home waiting for the energetic resonance to catch up (KLH)
- We find ourselves in a hive currently and how is this feeding us? If it's dissonance, trauma, ancestral wounds and are in this hive and fed this as if it's nourishing and putting a hard stop on that. (KLH)
- How industrial farming comes up within this too (KLH)
- Teaching me about sweetness and how to encase something in honey - is there a way with the bees to seal off things with love and dissolve them somehow in a way that feels equitable the entire time and with respect and not in a saving way (KLH)
- How to dissolve and compost the unhealthy institutions, how to see them down in their dying, how to break down the problematic compounds in order to once again nourish life (JHT / KLH / RES)
- That they aren't afraid to sting when they need to - even when it means they die too - kamikaze mission of sorts (KLH)
 - Giant honey bees will swarm around enemy and only a few will actually sting - more about intimidation and a couple individuals will sacrifice their lives (RES)
 - Looking more into the evolution of the stinger (RES)
- Discernment vs judgment // reaction vs response (FPK)
- Follow me during sound creation (FPK)
- **Initiations (FPK)**
- **Bee stings as chaos acupuncture (FPK)**
- **Bee as moral sun compass (KLH)**
 - **Sun in the center of the infinity - central core of the sun - gateway**

BEE

- As the inaugural species for this adventure and space – blessing the space with FUN! (RES/KLH)
- **Bee free as working and collaborating with others (FPK)**
- **Bees led her to FUN! - the importance of abundance and fun in work and connection (KLH & RES)**
- Ask (all below is KLH unless noted otherwise!):
 - Further cooperation between our species
 - Need more moments of gathering, coming together, bringing our gifts to center, then extending back out (JHT)
- Surprised by their relationship with other fauna

- Reminded of their connection with protection
 - How to protect our bodies, energy fields, families, loved ones, communities
 - Bee giving us permission to identify an intruder
 - How to get out from under the conditioning of niceness
- It has to be joyful and it has to be sweet because if you aren't enjoying it, others won't!
- Proud of their efforts and true integration within their hive - the holy grail
- Hive as physical manifestation of wisdom earned and learned
- Prefer the medicine of honey, but not afraid to sting to get attention
- Our bodies are so big to them
- They don't see things as a hierarchy, it's not about hierarchy, but it's about order, cooperation, and mutual success
 - We have forgotten why there are structures b/c they have been so infiltrated by predators and you've allowed them to be
 - So if you can't do anything about the larger structure, seal up your own
 - Create your own little hexagons and honey nourishments into your hive together
- Relationship with tree resin - sticky tree blood. Resin as the protection for the wound - the scabbing over it.
 - They are encouraging more relationship with the trees to understand them biologically
 - The flowers are important too
 - Community, being safe in community, resourcing in community, digging roots down deep and to communicate beneath the surface they are asking that we spend more time with the trees that whisper and change through the seasons the way we change through the seasons
 - Climbing higher into the canopy of the tree and spending time with the buzz in the canopy
- Sermons from bees!
- Offerings and sacrament and what these substances are made up of and how good they are at using what is available to them
- From physical to symbolic world -figure 8 - infinity symbol - in many dances and a big way in which they communicate and work with the other realm Unpacking how sacred this symbol is to them (Amanda)
 - Lemniscate (Amanda)
 - Felt this coming up too - encoded in our DNA and we see it in nature everywhere - shape in biosignatures and shape being used for letting go of ancestral pain and creating healing and letting go of emotions created (Dawn)
 - This was coming up in the art - just this symbol over and over (Laurie)
 - Two rocks and something in the middle - wide rock to middle to smaller rock and over - meditative walking symbol as well (Amanda)
- Figure 8 - powerful healing symbol taught by a vagus nerve practitioner (Dawn)
- **It can bee this easy** (KLH)
- Fittingly collaborative weaving our bee quilt today (KLH)

Other Species who attend & messages

- Bear
 - Complimenting bees messages for different things needed in different seasons
 - Bear and hibernating in the winter - storing up resources for those times
- Turkey Vulture
 - Turkey vultures and how their bellies compost things
 - They are just so hallowed doing their sacred work on the island
 - Allow humans to observe
 - Perspective of flight - when there is antagonism you can't see the perspective
 - Sprouting wings to give perspective o what needs to be composted as a gift from the winged ones
 - Stomach has high enough acidity to neutralize even Anthrax - they can neutralize harmful bacteria - their feces also carry that neutrality. They are actually quite sanitary and not dirty. (RES)

Landscapes & regions who make an appearance & takeaways/messages:

- Onion Island - onions and rosehips grow there
 - Turkey vultures there!!
- Himalayas
 - Where the giant bumblebee lives - very high up!!

JHT Synthesization Section (post-gathering) -

Highlights:

- ★ Bees led her to FUN! - the importance of abundance and fun in work and connection (RES/KLH)
- ★ Bee free as working and collaborating with others (FPK)
- ★ Make the offerings joyful and sweet! (KLH)
- ★ "It can be this easy!" (KLH)
- ★ Bees as initiators, stings as chaos acupuncture (FPK)
- ★ Bee as moral compass, centerer of the sun, showing the way (KLH)
- ★ Sunday Sermon from the Bees! (KLH)
- ★ Lemniscate - Figure 8 Symbol - Huge resonance with Bee Beings dancing in a figure 8 around the sun to show the way 'home' - healing ancestral wounds, hard emotions - came up in the art sketch as well - encoded in DNA and biostructures - vagus nerve healing.

- ★ Wings unfurling - bee medicine as heart vibration (Dawn / RES)
- ★ Opening of hexagonal windows of healing (Dawn)
- ★ Follow me, Follow me, Follow me

BIG TAKEAWAYS:

- ❖ **Communal Decision Making - sometimes we need to step up and do difficult things**
 - **It's not about hierarchy, but it is about order which ensures cooperation and mutual success**
- ❖ **Protecting our Hives - Permission to identify intruder and act on this - getting out from under the conditioning of 'niceness' // How are we purifying what comes into our spaces?**
- ❖ **What is our honey and nourishment for the challenging seasons of life and how do we stock up on them?**
- ❖ **BEE on (your) purpose! How are we nourishing ourselves into our purpose? (JHT)**

Themes, supporting messages, *the smalls details*:

→ **Community & Communal Decision Making - sometimes we need to step up and do difficult things**

- ◆ When hard decisions need to be made, bees make them for the good of the whole
 - *Also democratically voting on relocation processes*
- ◆ **It's not about hierarchy, but it is about order which ensures cooperation and mutual success**
 - We humans have forgotten why there are structures because they have been so infiltrated by predators
 - **So if you can't do anything about the larger structure, seal up your own**
 - ◆ Create your own little hexagons and honey nourishments into your hive together
- ◆ Be in learning relationship with the trees and spend more time with them to learn more about Community, being safe and resourcing in community, digging roots down deep and to communicate beneath the surface, learn about the seasons of life and how we change with them
 - *Climbing higher into the canopy of the tree and spending time with the buzz in the canopy*

→ **Nourishment**

- ◆ What are we consuming individually and communally and how does this nourish us, or not?
 - *What nourishment the eggs receive determines who they will be*
 - **How are we nourishing ourselves into our purpose?**
- ◆ How might we dissolve harmful institutions and go about this in a way that sustains life? How to seal up harmful things and see them down, dissolve them?

What honey and bee breads and ingredients need to be added to do this in a way that ultimately nourishes life and what is left after unwellnesses dissolve?

- *The dissolution of the egg brings forward the life of a baby bee*

→ **Protecting our Hives**

- ◆ Hive as holy grail, as physical manifestation of wisdom earned and learned
- ◆ How are we purifying what comes into our homes, our energetic spaces, our minds?
 - *The bees passing through the propolis*
- ◆ How are we discerning and responding versus reacting and judging?
 - **Permission to identify intruder and act on this - getting out from under the conditioning of 'niceness'**
 - **Knowing when to use honey and when to use sting medicine**
- ◆ Resourcing with wisdom
 - *How the bee stores honey for the winter – what is our honey and nourishment for the challenging seasons of life?*
 - *Knowing how to make the most with what we have - how bees use all those substances so strategically!*

→ **BEE on (your) purpose**

- ◆ Every bee knows their purpose and fulfills their role for the good of the whole
 - *How can we further lean into what our unique purpose here is and embrace it as every bit as important as each other beings unique role?*

Additional notes folks send over!

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ORIGINAL MEETING DESCRIPTION:

Interspecies Roundtable feat. Bee - Sunday, 10/2/22 at 10 am PT/1 pm ET

Simply put, the Interspecies Roundtable is a gathering. Hosted by us humans and populated by a different species and their ambassadors each meeting. An opportunity for curious folk to pull up a seat around the table and stay awhile. A place for relationship building, a real 'get to know ya' kinda space. A detour from the cultural conversation that views animals as anything less than kin. To remember/restore invaluable interspecies relationships and symbiotic alliances, especially between humankind and particular animals. As we all find ourselves thoughtfully woven into the fabric of earth.

For now our intention is to connect with the animal kingdom, although who they are in relationship with are welcome: from flora to fauna to element, ancestor and beyond. Everyone joins with their expertise/experience so we may all bask in something bigger than the sum of our parts. Each participant brings their unique

skills, body, biology, atmosphere, ecosystem, lens, medicine, relationships and stories to the space.

More specifically, the 'Roundtable' is both informal and intentional; an interdisciplinary, interspecies and symbiotic approach to becoming more acquainted with species with whom we share a world. Within this space of deep listening, we will be translating reflections/requests from animal guests while also learning ourselves how to align more elegantly with our landscapes, discovering joyful purpose there. To pause, take note and recall a shared mythology. Each meeting will also produce something tangible: biological information, meeting minutes, channeled sound, archived themes, participant reflections, inspired art, a recording and potential calls to action. Although the emphasis is not on the product, but on building a legacy of interspecies community and friendship.

No prior animal communication experience is required to attend. You are welcome to be an observer or dive in with us by sharing your unique gifts and communications. This is even an opportunity to expand your human and animal communication capacities in such a supportive nest. All preparations are handled by founding members of the group. And if you feel inspired to offer something to the space (i.e. scribe, artist, etc.), don't hesitate to reach out!

The backstory:

'Interspecies Roundtable' has been gestating since 2020. You might have heard whispers about it at other Fauna Speak events. Reading this right now might awaken a desire for connection within yourself. I spent two years co-visioning it up in my heart with the animals, waiting for just the right time ripe with human collaboration. I am so excited to witness this dream breathe and move amongst us!

My whole life I have craved a kinder world that considered our fellow earth dwellers. It is quite easy to feel despair on our planet, to experience helplessness in relation to human apathy, habitat loss and dwindling biodiversity. The animals have certainly been keeping my chin up about all these things, kindly suggesting how to navigate the emotional and physical ripples surrounding these phenomena. It surely takes patient fortitude to learn the systems of our earthen home and find appropriate ways to be in relationship with them. I have infinite gratitude to the interrealm and animal elders who continue to support and inspire my journey.

As humans return to a role of stewardship and deep kinship with all of life, I was inspired to curate a space that fosters clear communication, connection and reciprocal sovereignty. To create something that not only impacts participants, but can also be shared with folks in the future who hope to learn more about a particular species. To open doors for a wider population of humans interested in these realms of relating.

The first Interspecies Roundtable invites the BEE family to join us on Sunday, October 2, 2022. Does this event or our first species guest particularly resonate with you? What species would you like to spotlight in the future? Join us at the table, arm in arm, arm in fuzzy bee leg, as we buzz deeper into the realm of bee. Understanding them both physically and energetically, as well as how we can support them while uncovering the innumerable ways their unique contributions support our world and make it such a beautiful place to dwell.

Make animal friends and human ones when you pull up a seat at the table. We meet six times a year, join anytime!

Sunday, December 4th, 2022: CERVIDAE Family

Sunday, February 5th, 2023: ELEPHANT

From this page you can book as a participant, observing participant, or contributing supporter. As a contributing supporter, you can invest in the legacy of this project even if you choose not to attend the gatherings.

Email me if you would like to contribute to the Interspecies Roundtable from your unique skill set of gifts: faunaspeak@gmail.com

Future gatherings are listed on my 'Events' page