

#2 CERVIDAE 12.4.22 - Interspecies Roundtable

Key Contributors & Intro/Connect Shares!:

- CERVIDAE - Guest of Honor
- Kristen (KLH) - Facilitator, Bio Facts
 - Holding our **stories and mythologies and ancestors and lineages**
 - Our kin that comes out in the **vastness of Landscape connection winter and the cold**
 - The opportunity to **live near them and amongst them**
 - The **migration pieces these families** teach us about
 - Their **fur is hallowed** - helps them stay warmer
 - Which animals represent which countries
 - How emblematic moose and beaver are of Canada and landscape
 - Cold weathered creatures and quality of energy and characteristics they carry
- Fayepatrick (FPK) - Distiller of connection into sound
 - Saw Elk - bringing in Elk napping medicine
 - Here to learn more from the animal point of view
- Jessica (JHT) - Scribe + synthesizer extraordinaire
 - Caribou (coffee shops in Minnesota) & Reindeer in **Ancestral Work**
- Past Key Contributors - Unable to Attend Today
 - Rebekka (RES) - Biological fact gatherer
 - ****will layer in bio pieces later if she can!****
 - KH touching on high level bio pieces!
 - Laurie Aman - Human artiste archiver
 - ****saw a reindeer in real life so sending that energy****
 - Attendees invited to do some art on their own as we move through the roundtable together

Connect & Intro prompts!

- Who you are, where you are in the world, how they have been reaching out, how they have been getting your attention etc.

Human Attendees (in addition to above key contributors) & Intro/Connect Shares!:

- JR+A
 - Recently had an intense **dream** and a deer came in that was soothing & supportive
- AF
 - Saw a Moose Lady recently!
 - Wasn't too common to see a *deer in the forest* while in Germany except on horseback
 - Did see a couple fawns in a meadow once while out on horseback
 - The mare I was with liked seeing the deer babies - they all circled around
 - Mellow & magical experience

- White-tailed deer where I'm at now, they're everywhere
- Moose energy in **protecting the borders - borderlands**
- 12 days of solstice - 12/21 - 1/1
 - Each day representing every month of the next year coming up
 - Deer was the carrier of December for personal reading
- SR
 - B&B in Maine - host was a teacher & taxidermist
 - Took us into the room with them - he was so excited - could make all the calls of the animals. The animals felt so alive in spirit there as well. He used all parts of them and let me touch them all, feel **their fur**. Conflicting experience.
 - Spent time in the Rockies and connected with Elk there
- JL
 - Family of white-tailed deer who pass through here every other day
 - Moose rehab center near us; check in and send Reiki healing
 - Was able to **feel Moose energy** (partner felt it also!) - two males having a spat nearby (couldn't see them but could feel them)
 - Just the **intensity of the energetic** in feeling them
- LS
 - Moose & Deer where I grew up - the Moose encounter that let me live and not him them!
 - Also there are Elk here
- MCG
 - Moose & Elk; Mule and White-Tailed Deer where I'm at
 - The first time I connected in with an animal, moose was the one who came to me
 - **Humans/animals working together** - Reindeer especially come to mind with this
 - **ANTLER CONNECTION TO SKY, GOD, STARS & HOOF PULSE WITH EARTH**
 - JHT: Feel like this is the definition of **heart energy in the flora CONNECTION WITH FLORA** I've worked with (aka trees) - so, so interesting!

Interspecies Roundtable:

KH Biological Facts

- Big family, so lots of subspecies in the family
 - Tracking comparisons and contrasts that come up along the way
- Hoofed
- Main groups; elk, red deer, fallow deer; reindeer, caribou, moose
- Moose
 - Strong swimmers - diving 5.5 meters deep to feed on bottom plants
 - Largest of the deer family
 - Male moose can stand at 8 feet tall as of their shoulder
 - Silent travelers in the forest
 - Poor eyesight but great smell/hearing
 - Antlers - soft spongy to hard and bony over seasons
 - Live by bodies of water all over Canada

- Female weights 771 lbs & male weights 881 lbs up to 1800 lbs
- Length is 8-10 feet and antlers can spread up to 6 feet
- Herbivores and eat all day to fill up - **CONNECTION TO FLORA**
- Algonquin named - twig eaters
- 4 chambered stomach like cows
- 20 feet underwater for almost 60 seconds
- Can run fast too!
- Most moose are killed by wolves and bears when young but if they survive can live up to 20 years
- 80+ heat they'll go to water
- Tallest mammal in North America
- Can kick any direction with their front hooves!
- Canada, Maine, Alaska, NY state, Kazakhstan and Russia
- Elk in other places refer to completely different deer in other places
- Male Bull; Female Cow; Calf
- Youngest ones in Great Britain are roughly 3900 years old; was probably extinct there before 900 AD
- "Deer that is as large as a horse"
- They related moose to red deer from Europe
- In Europe Elk means Moose.
- Half their diet is aquatic plants - gives them their sodium requirements
- They avoid areas with little to no snow - safer from predators there - harder to forage
- Bison did not interfere with Moose foraging plants - prefer different plants; different altitude preferences!
- Reindeer
 - In North America called Caribou
 - Tundra and forest reindeer
 - Huge herds - Tundra reindeer
 - Reindeer domestic
 - More coats and bigger antlers
 - Large males - 4 ft tall 450 lbs - deeply cloven hooves, good swimmers
 - White in winter to brown in summer
 - Very insulating coats
 - Antlers in both male and female
 - Mature as yearlings - males can't compete for females until 4th year
 - October 11 days - mating / migration
 - Forest reindeer - fight harder than tundra
 - Single calf in May - gestations 7 ½ months
 - 1 month can eat plants - 3 months could live without mother
 - 15 years in wild if they survive young days
 - Family groups of 6-15
 - Birch and mushrooms; *lichens and reindeer moss by digging into the snow*
 - *Recycle waste product in digestive tract for protein*

- Females keep antlers in winter - so can keep defending - males shed theirs
- 3m domestic reindeer in Northern Reindeer - Sami
- Also Mongolian herders who work with them
- Elk
 - North America Eastern Asia
 - Wapitti - largest of red deer
 - 3 species (Aisa, European, NA)
 - Stag/heart
 - Elk is common name for Moose in some places
 - Elk in Asia is Maral
 - 2nd in size to Moose - 840 lbs in early winter
 - Northern ones are the biggest
 - 240 lbs in SoCal
 - Dark neck manes that contrast with their body color
 - Adapted to plains and cold both
 - Runners even in broken terrain
 - Protection by forming large groups
 - Have diverse habitats in some places; confined to certain terrain in Asia
 - Wide distribution - can differ in size and antler growth
 - All male elk have high pitched song - vocal adaptation to carry sound across distances in big landscapes
 - **Ice Age fauna that cross strait into Alaska - unable to establish in Southern part Elk entered NA from Alaska with moose, grizzly, humans**
 - Nearly exterminated by market hunting
 - Are now thriving
- Who came over that land bridge and when is so fascinating
 - Tibetan yaks as ancestors to our northern buffalo!

Bio Feedback

- **Just speaking who they eat, feeling into that. How deeply they are intertwined into that** (Kristen)
- .
- .

FPK Sound Connection

- **Celestial annetaes through their crown**
- Feel it first in my throat chakra
- They kept having me make this movement of the etherealness and expansiveness of their **antennas growing out.**
- **Divine journey of antler expansion** over and over again
- When they lose the physical weight of them there's this joyful levity of mourning
- Physicality isn't negative - and it's **always there for them energetically**
- **Channeling felt very cosmic**
- Base layer is actually Goldenrod - when I saw them the first time were in a Goldenrod field

- **Goldenrod Elk**
- Goldenrod as **sensual medicine for them** - don't perceive themselves as separate from goldenrod - ticklish brother/sister relationship for them
- **Ingest it by just being in the glory of it! (flower essence; etc. other ways to work with flora)**
- Invitation to receive the sound wherever in your unique body it needs to go

Sound Feedback

- The shape of **antlers resonating out** - showed me how antlers could be placed at different places in the to be moved. They **moved up and down**. Said you could reach the stars by going down too. **Inviting movement into different places in the body via their antlers (LS)**
- Similar to what Lana shared, seeing and feeling a lot of movement. Feeling like an **ancient dance**. Feeling of wanting to move in different ways like antlers. Feeling **different branches moving out. Divine sense of grace in movement and connection with the earth**. Intense connection with the earth, feeling the sense of **groundedness** in a different way. Sense of grace in movement while still maintaining groundedness. Nice **marriage of the two. (JL)**
- Honor to hear the song creation - stunning, thank you (SR)
- Antlers are so powerful. Growing them every year, so **a chance to reestablish connection**. Like a refreshing and shifting of energy as needed. **Keep etheric print of previous set but can choose to follow or move it in a different direction**. Opportunities for newness. **Deep sense of belonging in movement. Shifting where they are living and place that they call home**. The awareness of the correct physical location for them. Deep sense of dynamic belonging and home in migratory themes (MC)
- **Sense of belonging** - working my whole life to belong. They way they invite and givt a sense of **belonging to land** (rugged landscapes too) it felt like a whole **different type of belonging than I've ever experienced before**. My body immediately relaxed and enjoyed. Antlers - shepherding hooks - **old relationships of domesticity. Nice pairing of human/animal relationships when the needs of both are respected**. Ruggedness and connected. Pulling in and moving and changing things. Branches coming out. 44 different points for the antlers. Once you start out on these points, they are endless. At beginning of recording, **felt bodies of the land and the lands of our bodies. Interchangeability of all of that**. Bodies being on land and permission for movement. Increasingly constricted in our world. (Kristen).
- **Heart medicine similar to Tree medicine that comes from the groundedness paired with the branches/antlers reaching upwards**. Also felt them swirling around me for so much of the soundscape ~ sharing big messages around **protecting my own boundaries especially during tender physical times** - so appreciate their wisdom and being able to lean on that (JHT)
- **Protective - how they connect with deeper energies of the earth** - high mountains here that are just little left over pieces from very old mountains. Energy they showed me reminded me of those **ancient mountains. Protecting borders**. Keeping Canada clean from aggression - keeping Canada peaceful, mellow, soft (Antonia)

- Feedback feels so good in being a true channel - what you are receiving from the animals. Intro could have been a half an hour (*FPK*)
- Belugas, narwhals, the cold and pilgrimages they make (*Kristen*)

CERVIDAE direct conversation & channeling

- Moose
 - Velvety lips right away (*Kristen*)
 - Head stuff - extending my face like theirs - feeling the intensity of heavy antlers (*LS*)
 - Quieting the head a bit - how to fill my head up with moose things (*LS*)
 - Family not in classical sense but honoring all sorts of lineages. Working with revered cousins to move and honor earth energy. Familial work they are here to do (*JL*)
 - Asked moose here on this property why they were sticking to one part - said the energies of our land need to be cleared. Previous owner hunted a lot. Find a lot of moose bones. Sense of energy that needs to be cleared on the land (*AF*)
 - Land clearing - tips
 - *FPK* to *AF* - you know! Idea of planting Goldenrod, working with flora to invite energy to transform
 - How much they carry on their stick muscle legs; the way they carry some sass too, Feeling of Atlas and all that they carry. As you step into eldership - how are you distributing? Energy they imbued into distribution. Discover our own distribution and how we distribute ourselves. Don't get so clunked up with things. Power in us being distributed across the planet - celebrating the solitary informs the community in a roundabout way too. Discovering the magic of distribution - and the revered cousins (*Kristen*)
- Elk
 - Quieter in some ways than moose. Also carrying more levity at the same time (*Kristen*)
 - Stretch yourself (literally & figuratively) Aura of elk - reminder to in land/earth - I can visualize aura stopping at the earth. Aura extends deep into the earth as well. (*JL*)
 - Vocal species - puts them at a higher risk for predation as they are sounding their location and their commitment to sacred song despite fact that it elevates them for danger. Courtship (*MC*)
 - Showing me something of nice to be wanted by hunters - in the way of wanted/seen/heard even though it means some of us will die (*LS*)
 - Groundedness to altitude; learning to stretch up!; traversing that and also traversing visibility and combining with cleverness(*JHT*)
 - Be covert and seen at the same time. Adeptness and softness too on the same side. Keep moving and being clever. Shiftiness. Not feeling safe as a human b/c what I believed and wanted to share about. Somatic. Sensual. Being in sensual relationship with the earth (*Kristen*)

- Eating low cal with huge process to give nutrients - laying on ground and reprocessing plants. Ruminates! (*MC*)
- Reindeer/Caribou
 - STarry energy, snowflake, crystallization, inner child energy (*Kristen*)
 - Deer that do the ripple - were showing me that they are moving with the sound (air) and showing that they are moving air through their fur so getting extra shimmer. Snowflake stardust magic they are moving through their fur! (*Lana*)
 - Eating lichens under the snow - how that initiates the feeling of it with their lips. Process of finding the food they need initiates with them feeling it in their mouth to begin with. (*MC*).
 - See something and salivate and have the connection before it begins (*Kristen*)
 - Ability of reindeer - infiltrated human world to bring our medicine. Even today in pop culture reaching an immense amount of human energies to bring love of a specific kind to a wide array of cultures and people (*Jeff*)
 - Who does the marketing across worlds for unicorns, dragons, reindeer, owl, fox (*Kristen*)
 - Energies of the species themselves who want to come back to the field of humans - merchandising - brings their energy and magic back (*AF*)
 - Can feel the reindeer preserving belief, cosmic, starry connections. My favorite movie The Santa Claus Tim Allen - showed sweet little elf girl at the north pole. We have been with you this whole entire time. How they freeze themselves into out stories. (*Kristen*)
 - Finn!! Came from down South in Alabama is missing one of his legs. Deer multiple times in past lives. So grounded. (*JL*)
 - Themes of belonging in Rudolph (*JHT*)
 - Michael and me Snow King and Queen, between reindeer and santa. Everywhere in our pop culture. So curious to hear how they continue developing in each of your lives (*Kristen*)
 - Tarot card with the 3 women and the tree and the deer (*MC*)

Other Species who attend & messages

- Horses - seeing baby fawns on horseback, affinity horses had for them
- Pelican!
 - Came up in similar vein to caribou and that substantive throat/neck medicine!
- Belugas, narwhals, the cold and pilgrimages they make (*Kristen*)
- Grizzlies who migrated south in NA with Cervidae
- Cats & alley cats
 - Sassy lessons on not being small! Similar to Moose message
- Grounded 3-legged Finn!
 - Bringing in the deer medicine with current and past lives!
- Unicorn, dragon, owl, fox
 - Preserving and bringing their medicine to humans through presence and stories

Landscapes & regions who make an appearance & takeaways/messages:

- Canada & North America; Asia; Northern Europe; What was Mongolia
- Snow, winter, cold, plains
- Ancient mountains
- Flora
 - Willow!; Goldenrod & Linden; Sagebrush; Aquatic & terrestrial plants Cervidae live on
 - Affinity with soft bark and new shoots!

JHT Synthesization Section (post-gathering) -

Highlights:

- ★ Ancestral and lineage connections - human/animal relationship on down through time and how it can be reverent and respectful - domesticity themes with reindeer (KH/JHT)
- ★ Their ability to hold penetrate our stories and mythologies and hold their presence there on down through time and ancestors and lineages (KH/AF)
- ★ Cosmic, starry nature of them (especially reindeer) (KH/LS)
- ★ Intensity of moose energy; how we can feel them before seeing them; how they use this to establish and communicate boundaries in ways that conserve their energy/effort (JL/JHT)
- ★ Their hallowed fur and connections to the dreamworld; their work with us in our dreams (KH/JR)
- ★ Their connection to sound and vocalization (FPK/MC)

BIG TAKEAWAYS:

- ❖ **Protecting Boundaries; Walking the Borders; Distribution in Eldership; Healing the Lands**
- ❖ **Belonging to the land and your herd; Themes of Belonging that come with Deer Medicine; How to Belong when migratory; The power of distribution and dispersion and *still* belonging to revered cousins through deep earth work**
- ❖ **Groundedness balanced with Expansiveness; the importance of stretching both up & down; dropping into terrestrial roots while reaching into starry heavens**

Themes, supporting messages, *the smalls details*:

→ Connection to landscape and flora

- ◆ So many winter associations for folks - with the cold especially (Throughout)
 - Plains, cold, mountains, rugged terrain; Diverse habitats they span (Bio)
- ◆ Goldenrod connection (Sound share)

- *Somatic & Sensual connection with goldenrod*
- ◆ Connection with Willow (Bio Research)
 - *Affinity for the soft-barked*
- ◆ Energetic similarity to Linden tree (Sound share)
 - *Heart-centered medicine that branches/antlers and roots/hooves wed together and offer so beautifully*
- ◆ Connection to the ancient and old mountains (Sound share)
 - *Especially in Europe were mentioned*
- ◆ Importance of altitude - of stretching and moving both up and down (Elk)
- ◆ Body connection to land
 - *Experiencing the land and ground and food somatically (Throughout)*
 - *Emphasis on velvety LIPS (Moose)*
- ◆ Visibility and cleverness in moving through/on/with the lands (Elk)
- ◆ Ruminating on the lands (Elk)
 - *Ability to nourish and RE nourish themselves while in repose*
- ◆ How flora can serve as medium to heal the land (Moose)
- ◆ How they can ingest land just by being in the glory of it (Sound)
- ◆ How deeply they are intertwined with what they do ingest (Bio Reflection)
- ◆ Strait crossing so many made - and with what other species (Bio Reflection)

→ **Connection to the cosmos, stars, and heavens**

- ◆ The ethereal nature their antlers introduce and how beautifully this blends with the groundedness of their hooves connecting to the pulse of the earth (Throughout)
 - *The movement their antlers brought in and invited*
 - *Expansiveness of antlers and the refreshing they brought when regrowing each year - opportunity to shift physically to match energetic changes*
- ◆ Reindeer preserving belief, cosmic, snowflake and starry connections and origins while still being terrestrially bound and grounded/rooted (Throughout)

Additional notes folks send over!

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ORIGINAL MEETING DESCRIPTION:

Interspecies Roundtable feat. Cervidae - Sunday, 12/4/22 at 10 am PT/1 pm ET

Simply put, the Interspecies Roundtable is a gathering. Hosted by us humans and populated by a different species and their ambassadors each meeting. An opportunity for curious folk to pull up a seat around the table and stay awhile. A place for relationship building, a real 'get to know ya' kinda space. A detour from the cultural conversation that views animals as anything less than kin. To remember/restore invaluable interspecies relationships and symbiotic alliances, especially between humankind and particular animals. As we all find ourselves thoughtfully woven into the fabric of earth.

For now our intention is to connect with the animal kingdom, although who they are in relationship with are welcome: from flora to fauna to element, ancestor and beyond. Everyone joins with their expertise/experience so we may all bask in something bigger than the sum of our parts. Each participant brings their unique skills, body, biology, atmosphere, ecosystem, lens, medicine, relationships and stories to the space.

More specifically, the 'Roundtable' is both informal and intentional; an interdisciplinary, interspecies and symbiotic approach to becoming more acquainted with species with whom we share a world. Within this space of deep listening, we will be translating reflections/requests from animal guests while also learning ourselves how to align more elegantly with our landscapes, discovering joyful purpose there. To pause, take note and recall a shared mythology. Each meeting will also produce something tangible: biological information, meeting minutes, channeled sound, archived themes, participant reflections, inspired art, a recording and potential calls to action. Although the emphasis is not on the product, but on building a legacy of interspecies community and friendship.

No prior animal communication experience is required to attend. You are welcome to be an observer or dive in with us by sharing your unique gifts and communications. This is even an opportunity to expand your human and animal communication capacities in such a supportive nest. All preparations are handled by founding members of the group. And if you feel inspired to offer something to the space (i.e. scribe, artist, etc.), don't hesitate to reach out!

The backstory:

'Interspecies Roundtable' has been gestating since 2020. You might have heard whispers about it at other Fauna Speak events. Reading this right now might awaken a desire for connection within yourself. I spent two years co-visioning it up in my heart with the animals, waiting for just the right time ripe with human collaboration. I am so excited to witness this dream breathe and move amongst us!

My whole life I have craved a kinder world that considered our fellow earth dwellers. It is quite easy to feel despair on our planet, to experience helplessness in relation to human apathy, habitat loss and dwindling biodiversity. The animals have certainly been keeping my chin up about all these things, kindly suggesting how to navigate the emotional and physical ripples surrounding these phenomena. It surely takes patient fortitude to learn the systems of our earthen home and find appropriate ways to be in relationship with them. I have infinite gratitude to the interrealm and animal elders who continue to support and inspire my journey.

As humans return to a role of stewardship and deep kinship with all of life, I was inspired to curate a space that fosters clear communication, connection and reciprocal sovereignty. To create something that not only impacts participants, but can also be shared with folks in the future who hope to learn more about a particular species. To open doors for a wider population of humans interested in these realms of relating.

The second Interspecies Roundtable invites the CERVIDAE family (moose, caribou, deer, elk, etc.) to join us on Sunday, December 4th, 2022. Does this event or our species guest

particularly resonate with you? What species would you like to spotlight in the future? Join us at the table as we trod deeper amongst antlers into the realm of the Cervidae family. Understanding them both physically and energetically, as well as how we can support them while uncovering the innumerable ways their unique contributions support our world and make it such a beautiful place to dwell.

Make animal friends and human ones when you pull up a seat at the table. We meet six times a year, join anytime!

Sunday, February 5th, 2023: ELEPHANT

From this page you can book as a participant, observing participant, or contributing supporter. As a contributing supporter, you can invest in the legacy of this project even if you choose not to attend the gatherings.

Email me if you would like to contribute to the Interspecies Roundtable from your unique skill set of gifts: faunaspeak@gmail.com

Future gatherings are listed on my 'Events' page